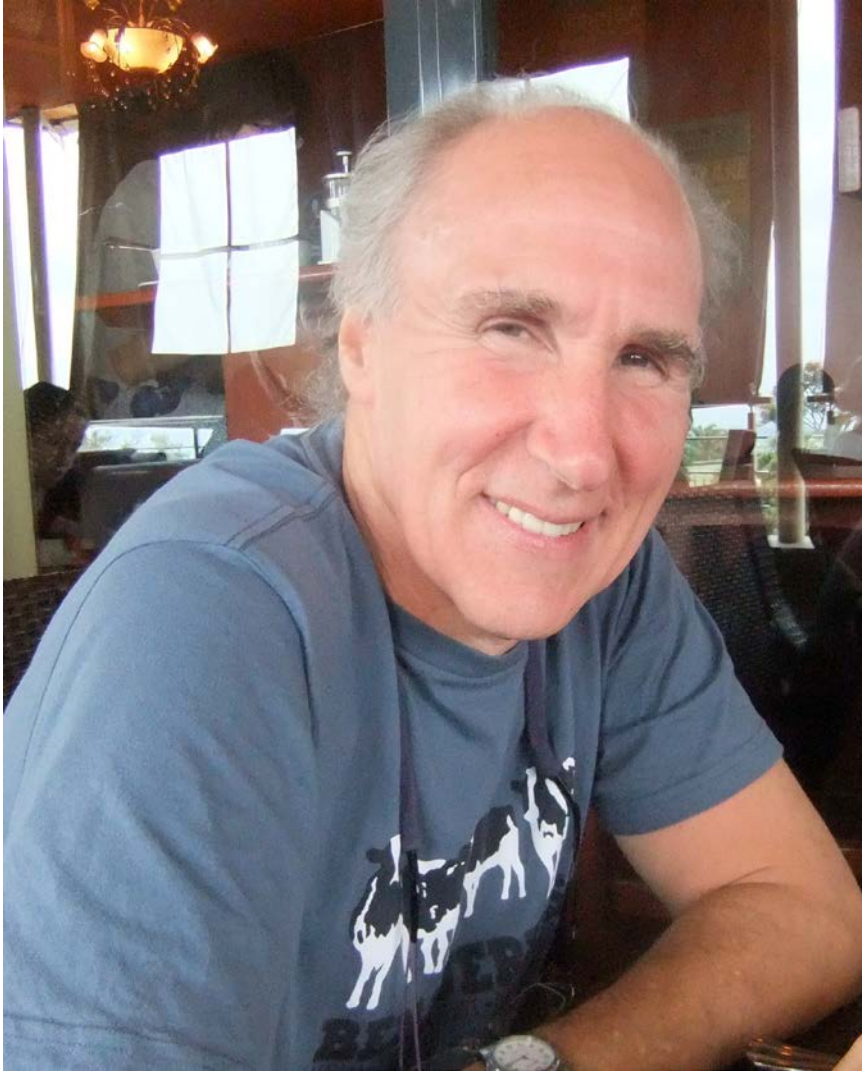


The power of mentorship: a personal journey

Patty Livingston

Dalhousie University & CASIEF















Optimal post-operative pain management is multimodal

- **local anesthetic – epidural, spinal, peripheral nerve, plexus, infiltration**
- **opioids**
- **NMDA receptor antagonists – ketamine**
- **gabapentin**
- **NSAIDs**
- **physical modalities – heat, ice, TENS, acupuncture**
- **psychological preparation and support**

I'M TEACHING















VITAL
ANAESTHESIA
SIMULATION
TRAINING

Adam Mossenson, MD; Christian Mukwesi, MD; Patricia Livingston, MD

Pilot VAST Courses

9-11, January 2018(RMH simulation centre)
16-18, January 2018(RMH simulation centre)
23-25 January 2018(CHUK simulation centre)

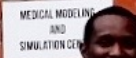
Overview

The VAST uses the dynamic environment of simulation to explore key factors that contribute towards safe anaesthesia provision. The course is suitable for anaesthesia providers of all levels of training.

By the end of this three-day course participants will be able to:

- Recognise key non-technical skills applicable to anaesthesia
- Demonstrate a systematic approach to patient assessment
- Plan and prepare prior to deliver of anaesthesia
- Utilise a systematic approach to managing the unwell patient.
- Communicate effectively for optimal team function.

The pilot Courses will be the first time be delivered in its entirety. They are being offered with the help of CASIEF and Dalhousie University and are endorsed the WFSA, the University of Rwanda and the Rwanda Society of Anaesthesiologists.





Medical Safety Checklist

Item	Yes	No
1. Patient identity confirmed		
2. Correct patient, procedure, site, and side		
3. All necessary tests and investigations reviewed		
4. All necessary consent obtained		
5. All necessary equipment and drugs checked		
6. All necessary personnel present		
7. All necessary pre-operative checks completed		
8. All necessary safety checks completed		
9. All necessary documentation completed		
10. All necessary patient care plans reviewed		
11. All necessary patient education completed		
12. All necessary patient consent obtained		
13. All necessary patient assessment completed		
14. All necessary patient monitoring initiated		
15. All necessary patient care initiated		
16. All necessary patient care reviewed		
17. All necessary patient care documented		
18. All necessary patient care reviewed		
19. All necessary patient care documented		
20. All necessary patient care reviewed		
21. All necessary patient care documented		

VAST Handover

- S - situation
- B - background
- A - assessment
- R - recommendation







